

2020 APF Thankslifting Meet

MEET LOCATION:
7021 Corporate Circle
Indianapolis IN 46278

Meet Date: November 7th, 2020



MEET ENTRY FORM

In consideration of your acceptance of this entry please agree to the following statement by signing this entry form.

I hereby intend to legally bound myself, my heirs and assigned, waive and release any and all claims to damage I may have against Darwin Robinson, Andrew Ponsler, Doug Ponsler, West Indy Lifting Co., American Powerlifting Federation, American Amateur Powerlifting Federation, and all their heirs, employees or volunteers, all lesser, all lessees of the property located at 7021 Corporate Circle Indianapolis IN 46278 from injury that may result from my participation in this competition or any other lifting on the premises.

***** PLEASE CIRCLE ALL THAT APPLY *****

Category & Division:

****RAW= SINGLET,TSHIRT,BELT,SOCKS,SHOES,WRIST WRAPS****

****CLASSIC RAW= SINGLET, TSHIRT,BELT,SOCKS,SHOES, WRIST WRAPS, KNEE WRAPS AND/OR KNEE SLEEVES****

****SINGLY PLY=LIFTING SUIT,TSHIRT,BENCH SHIRT, BRIEFS, BELT, SOCKS. WRIST WRAPS, KNEE WRAPS****

****EQUIPPED = LIFTING SUIT,TSHIRT,BENCH SHIRT, BRIEFS, BELT, SOCKS. WRIST WRAPS, KNEE WRAPS****

APF or AAPF Card Number:

COMPETITORS NAME:

ADDRESS:

PHONE#:

EMAIL:

AGE:

WEIGHT CLASS:

GYM / CLUB NAME:

SIGNATURE:

***** NOTE: If you are under 18 years of age a parent or guardian must sign *****

**MEET SHIRT PREORDER \$20
(circle)
S M L XL 2X 3X 4X 5X**

MAIL ENTRY FORM TO:
7021 Corporate Circle
Indianapolis IN
46278

APF AAPF

SINGLE-PLY MULTI-PLY

Raw (Belt&Wrist wraps Only)

**CLASSIC RAW (Belt & Knee Wraps
or Knee Sleeves)**

OPEN

MASTERS 1 2 3 4 5

SUB-MASTERS

JUNIOR TEEN 1 2 3

FULL MEET PUSH/PULL

DEADLIFT ONLY BENCH ONLY

TIMES:

- **Early Weigh-Ins:** 10:00 AM – 1Pm & 4 PM – 7:00 PM on Friday, November 6th, 2020 at West Indy Barbell (call for special circumstances)
- **Rules Clinic / Q&A:** 9:00 AM Day of the Meet; Meet Starts at 10:00 AM

AWARDS & RULES:

- Sanctioned by the APF and AAPF. Must have an APF card (available at meet). A one piece lifting suit is required. Trophies will be given for **1ST – 3rd** places in all weight classes and divisions.

DEADLINES:

- T-Shirt orders must be received within 14 days of competition.
- Entries will also be accepted the day of the meet with a \$30 late entry fee (Cash).

ENTRY FEES:

- Make all checks and money orders payable to: **West Indy Lifting Co.**
- \$90.00 for Meet Entry, (Check each box on entry form that applies)
- \$50.00 for each additional division
- \$20.00 Meet T-shirts **must pre-order on entry page and include payment**
- \$30.00 late fee on all entries received the day of the meet (Cash)
- \$20.00 fee on all returned checks
- \$10.00 Spectator admission fee (Pay at door)

FAQ:

- Meet will be ran in Pounds (LBS) **NOT** Kilograms(Kg)
- **No world records** can be broken in this meet.
- **4th attempts will not be allowed** for records
- Any national records set in pounds (LBS) **must be rounded down to the nearest Quarter Kilogram (Kg)**
- Meet will be streamed on West Indy Barbell's **Facebook** and **Instagram** platforms. For more updates on streaming **follow @westindybarbell**
- Spectators will be allowed with proper PPE.